

**REGULATIONS  
for the “jüregimniñ jeñimpazy” Charity Run and Festival**

**1. Objectives of the Run-Festival**

“jüregimniñ jeñimpazy” (hereinafter referred to as the Run-Festival) is a charitable project of the Heart Center Foundation, organized to support people on the transplant waiting list. The event aims to draw attention to issues in transplant medicine, raise awareness about the importance of organ donation, and provide moral support to those waiting for their turn for a life-saving operation.

The charity run-festival is held with the goal of preventing cardiovascular diseases among the population and raising public awareness of the need to prevent heart disease; for this reason, timing chips will not be used during the Run.

**2. Race Organizer**

The organizer of the charity run is the Heart Center Foundation, a public foundation—the first endowment fund in Kazakhstan implementing projects in the healthcare sector. The Foundation implements and supports projects that contribute to the long-term development of cardiology, cardiac surgery, and transplantology.

The Foundation’s Mission.

We promote the development of cardiac surgery, cardiology, and transplantology in Kazakhstan by bringing together science, education, and public awareness.

**3. Date**

August 9, 2026, from 6:00 a.m. to 4:00 p.m.

**4. Venue**

The Run-Festival will take place in Astana, Kazakhstan.

Meeting point for participants and race start: the area in front of the Nur-Alem Museum Pavilion.

Distances: 1, 3, and 10 km.

The current race routes are available on the Foundation’s website at [hcf.kz](http://hcf.kz).

**5. Minors**

Participation in the Run-Festival by persons under the age of 18 (eighteen) is permitted only with the consent of their parents, legal guardians, or authorized accompanying persons. By accepting the terms of these regulations and registering a minor participant, such persons confirm their consent to the minor’s participation in the Run Festival and assume full responsibility for the minor’s life, health, and safety, as well as for the minor’s compliance with the Event rules.

The Organizer shall not be liable for minor participants beyond the scope of obligations expressly provided for by the current legislation of the Republic of Kazakhstan, nor shall it perform any supervisory functions regarding them. Responsibility for monitoring the behavior, health, and whereabouts of a minor participant rests entirely with the parents, legal guardians, and/or accompanying persons.

**6. Participant Registration**

**6.1.** Participant registration will take place on the website **hcf.kz from May 1, 2026, through August 10, 2026,** or until 5,000 (five thousand) participants have registered.

**6.2.** The participation fee is:

- 9,000 (nine thousand) tenge for participants in the 1 km race;
- 12,000 (twelve thousand) tenge for participants in the 3 km race;
- 15,000 (fifteen thousand) tenge for participants in the 10 km race;

**6.3.** A participant's registration is considered complete only after payment of the participation fee in accordance with Section 6.2 of these Regulations.

## **7. Eligibility to Participate in the Race**

To be eligible to participate, participants must complete a health declaration form and receive a special participant wristband, which is issued along with the starter kit.

## **8. Starter Kit**

**8.1.** Starter kits will be distributed on August 6–8, 2026, from 10:00 a.m. to 8:00 p.m. at the UMC “Heart Center” building located at 38 Turan Ave., Astana.

**8.2.** Starter kits for participants over 18 years of age will be distributed only upon presentation of:

- An ID card or passport;
- A health declaration;
- Proof of payment of the participation fee (verification will be conducted by the Organizer during the distribution of the starter kit).

Documents must be provided in printed form.

**8.3. Race kits will be distributed to participants only upon presentation of:**

- An ID card, passport, and/or the child's birth certificate;
- A signed statement from a parent or guardian authorizing the child's participation in the Race and certifying the child's good health;
- Proof of payment of the Race entry fee (verification will be conducted by the Organizer at the time of starter kit distribution).

There is no need to print the health declaration; all necessary documents will be available at the starter kit distribution.

**8.4.** The starter kit may be picked up by the participant or another person upon presentation of the above-mentioned documents and a copy of their own ID card/passport. However, once the starter kit has been received by another person, the Organizer shall not be liable if the participant did not receive the starter kit in proper condition and, as a result, is unable to be admitted to participate in the Race.

**8.5.** If a participant has not picked up the starter kit for any reason, then in accordance with clause 7, they cannot be admitted to participate in the Race.

## **9. Commemorative Medal and Thank-You Letter**

Each participant will receive a commemorative medal upon completing the race-festival course, and a thank-you letter will be mailed within a few days (if you do not receive the letter, please contact the administration).

## **10. Rules for Participation in the Race**

### **10.1. Participants are prohibited from:**

- Using any mechanical devices (bicycles, scooters, motorcycles, mopeds, and vehicles with electric or other engines);
- Participating while under the influence of alcohol or drugs;
- Obstructing the movement of other participants on the course;
- Obstruct the race organizers;
- Stop on the course;
- Deviate from the main race regulations, namely: starting the race before the official start, starting the race after the starting zone has closed, or starting the race from a location other than the starting zone.

The Organizer reserves the right to disqualify a participant for violating the rules of participation.

The participant confirms that in the event of a violation of the rules of participation by him/her personally and/or by members of his/her family, all responsibility for any possible consequences (including, but not limited to, harm to health, property, or a breach of public order) rests entirely with him/her.

**10.2.** The Organizer is not responsible for the safety of participants' personal belongings. The luggage storage service is provided by a contractor, and that organization is responsible for the safety of the items left in storage.

## **11. Force Majeure**

In the event of an official ban on holding the Race issued by government agencies, organizations, or services of the Republic of Kazakhstan, including local government bodies, the Race will be rescheduled for a later date or canceled, depending on the situation. Further actions will be announced by the Race Organizer within 10 business days from the date the official ban is issued.

## **12. Media Accreditation**

Media accreditation must be completed in advance. To obtain accreditation for the Race Festival, please send the following information to [pr@hcf.kz](mailto:pr@hcf.kz):

- Name of the media outlet;
- Full name of the correspondent, cameraman, or photographer;
- Contact phone number;
- Email address.

## **13. Final Provisions**

The Organizer reserves the right to make changes to these Regulations governing the Run-Festival.